

Ninja Zone Schedule- North Coast Gymnastics

Session 2: November 1st- December 16th

Class Name	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lil' Ninjas co-ed Ages 3-4		4:15-5	3:30-4:15 4:15-5	4:15-5	11-11:45 4:15-5		9:30-10:15 10:15-11 11-11:45
Ninja White Boys Ages 5-7					5-6		10-11
Ninja White Co-ed Ages 5-7			5-6	5-6	6-7 (mixed age)		
Ninja White Co-ed Ages 7-11				6-7			
Ninja Yellow Girls All Ages							
Ninja Yellow Boys Ages 5-11			6-7 (co-ed)				11-12
Saturday & Sunday Open Gym, ages 5+							12-1:30 pm

*Schedule is subject to change based on actual enrollment

Tuition- Based on two month sessions (5-6 weeks)		Practice and Training
Annual Registration Fee \$35 – 1 st child \$50- Family (2+)	Lil Ninjas \$75/5-week session \$90/6-week session	Ninja Zone combines several sports together to create an ALL NEW sport! You'll find aspects of gymnastics, martial arts, parkour and free- running in the Ninja Zone classes. We provide a safe and enriching environment for young children to learn in. Please use caution when practicing your ninja skills outside of the gym.
Family Discount 2 nd child- \$10 off tuition 3 rd + child- \$15 off tuition	Ninja White \$100/5-week session \$120/6-week session	
Tuition Details: Monthly auto payment option available	Ninja Yellow \$100/5-week session \$120/6-week session	

IMPORTANT THINGS TO KNOW

- **Trial Class-** We offer a 100% FREE first class, call or stop in to sign up for your FREE trial!
- **Tuition-** Payment is based off of a two-month session. Sessions run 5-9 weeks depending on how each month falls. Tuition is due for current members during in house enrollment and open to all new members during open enrollment. Please see yearly calendar for specific dates.
- **Attire-** All Ninja's must have a Ninja Zone T-Shirt and Head Band to participate.
Ninja's should wear athletic shorts or leggings, and a ninja zone t-shirt and head band. T-shirts and head bands are available from the front desk or online at www.northcoastgym.com under the ninja zone tab. Cost is \$28.00 (cotton t- shirt) or \$32.00 (Dry-Fit Sports performance t-shirt). Both shirts come with the head-band.
- **Absences/Missed classes-** If you miss a class due to illness or an unexpected situation, please contact the office prior to the class. Make- ups are offered on the last Saturday of each month, limit one per month. There are no credits or refunds on missed classes. If NorthCoast Gymnastics has to reschedule due to an unexpected circumstance, there will be a makeup class assigned.